

STOP SUPERBUGS

2020

700.000 deaths per year worldwide due to antibiotic resistance

2050

Superbugs will be the first cause of mortality in the world

The emergence of antimicrobial resistances precludes the use of antibiotics to treat bacterial infections.

Get involved, together we can avoid the next pandemic!

WHAT CAN YOU DO TO HELP US STOP THE EMERGENCE OF RESISTANCES?

1 Wash your hands and... do it right!

For at least 40 seconds, with soap and frequently. It's the best way to prevent infections.



2 Take your antibiotics only when prescribed.

Antibiotics only treat bacterial infections, **not viral**. Don't share or recommend antibiotics.



3 Don't keep leftover antibiotics in the medicine cabinet.

Once you finish the treatment, bring them to the collection point of your pharmacy.



SIGRE

4 Don't leave your treatment halfway

Failing to complete your treatment allows bacteria to survive and develop resistance.



5 Be well informed, not everything you see on social media is true or verified.

Before following any *influencer*, ask your doctor and/or pharmacist to solve your doubts!



6 ACT NOW!

Antibiotics are essential to fight bacterial infections. Their misuse can cause the loss of their efficacy against infections.



AMR EDUCare



Co-funded by the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the Health and Digital Executive Agency (HaDEA). Neither the European Union nor the granting authority can be held responsible for them.